# “Groaning Pains”

### Discovering the Righteousness of God—A study in the book of Romans

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# Romans 8:18-25 (ESV)

Groaning Pains Romans 8:18-25 (ESV)  (18) For I consider that the sufferings of this present time are not worth comparing with the glory that is to be revealed to us. (19) For the creation waits with eager longing for the revealing of the sons of God. (20) For the creation was subjected to futility, not willingly, but because of him who subjected it, in hope (21) that the creation itself will be set free from its bondage to corruption and obtain the freedom of the glory of the children of God. (22) For we know that the whole creation has been groaning together in the pains of childbirth until now. (23) And not only the creation, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for adoption as sons, the redemption of our bodies. (24) For in this hope we were saved. Now hope that is seen is not hope. For who hopes for what he sees? (25) But if we hope for what we do not see, we wait for it with patience.

**1) Creation groans under the effects of sin. (19-22)**

Genesis 3:17-21 ESV And to Adam he said, "Because you have listened to the voice of your wife and have eaten of the tree of which I commanded you, 'You shall not eat of it,' cursed is the ground because of you; in pain you shall eat of it all the days of your life; (18) thorns and thistles it shall bring forth for you; and you shall eat the plants of the field. (19) By the sweat of your face you shall eat bread, till you return to the ground, for out of it you were taken; for you are dust, and to dust you shall return." (20) The man called his wife's name Eve, because she was the mother of all living. (21) And the LORD God made for Adam and for his wife garments of skins and clothed them.

Genesis 9:1-3 ESV And God blessed Noah and his sons and said to them, "Be fruitful and multiply and fill the earth. (2) The fear of you and the dread of you shall be upon every beast of the earth and upon every bird of the heavens, upon everything that creeps on the ground and all the fish of the sea. Into your hand they are delivered. (3) Every moving thing that lives shall be food for you. And as I gave you the green plants, I give you everything.

**2) Believer’s groan under the effects of sin. (23-24)**

2 Corinthians 11:23-28 ESV (23) Are they servants of Christ? I am a better one--I am talking like a madman--with far greater labors, far more imprisonments, with countless beatings, and often near death. (24) Five times I received at the hands of the Jews the forty lashes less one. (25) Three times I was beaten with rods. Once I was stoned. Three times I was shipwrecked; a night and a day I was adrift at sea; (26) on frequent journeys, in danger from rivers, danger from robbers, danger from my own people, danger from Gentiles, danger in the city, danger in the wilderness, danger at sea, danger from false brothers; (27) in toil and hardship, through many a sleepless night, in hunger and thirst, often without food, in cold and exposure. (28) And, apart from other things, there is the daily pressure on me of my anxiety for all the churches.

Romans 7:14-24 ESV For we know that the law is spiritual, but I am of the flesh, sold under sin. (15) For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. (16) Now if I do what I do not want, I agree with the law, that it is good. (17) So now it is no longer I who do it, but sin that dwells within me. (18) For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out. (19) For I do not do the good I want, but the evil I do not want is what I keep on doing. (20) Now if I do what I do not want, it is no longer I who do it, but sin that dwells within me. (21) So I find it to be a law that when I want to do right, evil lies close at hand. (22) For I delight in the law of God, in my inner being, (23) but I see in my members another law waging war against the law of my mind and making me captive to the law of sin that dwells in my members. (24) Wretched man that I am! Who will deliver me from this body of death?

**3) Let your hope overshadow your suffering. (18, 25)**

Romans 7:25 ESV Thanks be to God through Jesus Christ our Lord! So then, I myself serve the law of God with my mind, but with my flesh I serve the law of sin.

Revelation 21:1-6 ESV Then I saw a new heaven and a new earth, for the first heaven and the first earth had passed away, and the sea was no more. (2) And I saw the holy city, new Jerusalem, coming down out of heaven from God, prepared as a bride adorned for her husband. (3) And I heard a loud voice from the throne saying, "Behold, the dwelling place of God is with man. He will dwell with them, and they will be his people, and God himself will be with them as their God. (4) He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away." (5) And he who was seated on the throne said, "Behold, I am making all things new." Also he said, "Write this down, for these words are trustworthy and true." (6) And he said to me, "It is done! I am the Alpha and the Omega, the beginning and the end. To the thirsty I will give from the spring of the water of life without payment.